

Swim Wales Masters LC 2025 - 01/03/2025 to 02/03/2025

Wales National Pool, Swansea

Results - Session 4 - Warm Up 08:00 - 08:50

Event 405 Men 18-24 400 LC Meter IM

1	Connor Skelly	20	Wrexham	6:07.94
	37.26	48.30	49.32	48.74
	50.43	51.08	41.55	41.26

Event 405 Men 40-44 400 LC Meter IM

1	Alex Thurston	44	NottmLeander	5:16.28
	32.03	37.66	43.23	42.37
	45.65	44.68	36.77	33.89

Event 405 Men 55-59 400 LC Meter IM

1	Paul Smoothy	57	Guildford Ct	6:14.83
	36.90	45.40	53.77	52.06
	50.47	51.08	44.60	40.55
2	Phillip Albright	55	Camden Swiss	6:15.14
	39.51	48.76	54.41	51.32
	53.36	52.90	39.57	35.31

Event 405 Men 60-64 400 LC Meter IM

1	Stuart McGurk	64	Kendal	9:04.44
	56.64	1:11.75	1:19.08	1:14.82
	1:12.55	1:13.75	58.88	56.97

Event 405 Men 65-69 400 LC Meter IM

1	Alan Parkins	65	Crawley	6:16.60
	36.63	44.30	52.85	52.09
	55.15	53.59	42.59	39.40
2	Mark Jones	65	Warrington M	6:52.69
	44.99	54.08	57.65	54.56
	55.91	56.87	45.10	43.53
3	Alastair Gibb	65	Team Luton	7:16.67
	44.29	1:00.21	56.75	55.92
	1:00.28	1:02.43	1:36.79	
4	Vladimirs Sveds	69	PK Champion	7:34.11
	49.64	58.15	1:03.12	1:02.25
	1:02.34	1:01.08	49.65	47.88

Event 405 Men 70-74 400 LC Meter IM

1	Malcolm Barton	70	Carrick Mas	8:16.50
	51.96	1:03.53	1:13.72	1:12.41
	58.94	1:01.10	57.61	57.23

Event 405 Men 75-79 400 LC Meter IM

1	Stuart McLellan	76	Hadleigh	7:52.80
	51.24	1:03.27	1:02.81	59.33
	1:07.64	1:07.66	52.70	48.15